

## A Success of a Family by Taking Part in FFS

Sras Srang Village, Kouk Khpos Commune, Banteay Ampil District, Oddar Meanchey Province

By Yun Sinang



29 years old Savoeun Ovy, and his 30 years old wife, Man Bluot are living with their 2 daughters, the same way as most families in Sras Srang Village, Kouk Khpos Commune, Banteay Ampil District, Oddar Meanchey Province of Cambodia. They make a living from their traditional farm, which provides little benefits. Yields are low compare to the time and resources needed.

Fortunately, Mr. Savoeun Ovy joined an awareness raising on Farmer Field School conducted by CIDO in his village within the CISOM project. He was very interested in

(FFS), and he made up his mind to join the school since he believed that FFS, which covered both vegetable gardens and chicken raising, will boost his family economic. When the FFS started, his garden was selected as the model one and used to train the other farmers on vegetable plantation techniques. Since Mr. Savoeun Ovy joined the FFS various vegetables have been grown in his garden such as eggplants, tomatoes, morning glory, many type of mustards, bitter melon, cucumbers and string beans. The products from his garden do not only provide his family with enough food, but they can also generate more income from selling these vegetable. He earned up to 500,000 Riel (125\$) since his vegetable garden has been harvested in just two weeks.



Mr. Savoeun Ovy said: "The use of the new techniques learnt from CISOM enable higher yield than traditional plantation. I produce 5 times more on the same plot of land compared to before, and I earn 3 times more."

Moreover, his family eats better and healthier since they can have organic vegetable for consumption.

"Finally, I would like to express my sincere thanks to CISOM and CIDO for their efforts in helping my community, especially to have encouraged me to join the project which improved the livelihood of my family. I wish the project to continue to help poor farmers in my community to reduce poverty of farmers. Additionally, I will share my experiences and knowledge to other farmers", said Mr. Savoeun Ovy."